

Summer Spice Mix

Yes, it can be spiced without being spicy.

- 1 Tbsp coriander seed
- 1 Tbsp fennel seed (some prefer half this)
- 1 Tbsp cumin seed
- 1 Tbsp cardamom seeds
- 1 Tbsp turmeric

Grind all well in a coffee grinder, then stir in bowl with spoon before putting in your shaker. Ground spices reduce potency after one month. Maybe you start with a half batch to be sure you like the combo.